



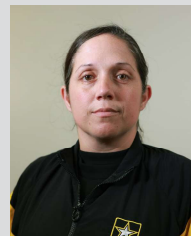
## TEAM ARMY BIO

Master Sergeant Jasmine McKenzie has spent the past year and a half at the Schofield Barracks and Ft Belvoir SRUs, recovering from a traumatic incident. A seasoned U.S. Army Culinarian with 19 years of service, Jasmine's life changed drastically following a sexual assault, resulting in a TBI, severe PTSD, anxiety, and multiple surgeries for wrist injuries.

The SRU was instrumental in helping Jasmine regain her confidence and reintegrate into her previous self, despite becoming very introverted and fearful initially. Her engagement in adaptive sports and her goal to join Team Army have been crucial in managing her trauma.

MSG McKenzie recognizes that these experiences will always be a part of her life, but refuses to let them dominate her. The support and encouragement from the SRU's leadership have been pivotal in her healing journey. Sharing her story has not only facilitated her recovery but also reignited her passion for her Army career. She has recently been cleared to return to active duty.

Jasmine's mantra, "I am in charge of my future. Nothing will stop me," reflects her unwavering resilience and determination to overcome challenges and move forward.



Full Name

Jasmin Chantell McKenzie

Preferred Name

Jasmin

Rank/Abbreviation

Master Sergeant/MSG

Service Branch

Active Duty

Injury or Illness

Sexual Assault, PTSD, TBI

Hometown (City, State)

Tucson, AZ

Current Location/SRU

Fort Belvoir, VA

## MEDIA CONTACT

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